



# ISD Virtual Learning

# Psychology

**April 23, 2020**



## Psychology

Lesson: April 23, 2020

Lesson 24

### Objective/Learning Target:

**Students will understand dissociative identity disorder and the differences from schizophrenia**

# Warm Up

Split personality had been portrayed many times in pop culture. Based on what you know about schizophrenia, how is schizophrenia different than split personality?



# Lesson Activity

## [Multiple Personality Disorder Notes](#)

Use the notes to answer the questions

1. What is Dissociative Identity Disorder?
2. What was the disorder first named? Which publication named it 'dissociative?'
3. What are some causes and symptoms of the disorder?
4. What treatments are available?

# Lesson Activity Answer key

1. Disorder that cause multiple separate personalities
2. Hysterical neurosis; first published in DSM-III (aka multiple personality disorder would be acceptable answer to other names too)
3. Causes: childhood trauma, emotional, sexual or physical abuse, environmental factors. Symptoms: significant memory loss, out of body experience, depression, anxiety, thoughts of suicide
4. Psychotherapy (CBT; DBT), EMDR, medications

# Practice

[Dissociative Identity Disorder is not  
Schizophrenia](#)

Read through and do the activity at the end of the article for extra practice.

# Reflection

[Crash Course Schizophrenia and Dissociative Disorder](#)